



**DEPARTMENT OF NUTRITIONAL SCIENCES**  
**SCHOOL OF ENVIRONMENTAL & BIOLOGICAL SCIENCES (SEBS)**

**COURSES REQUIRED FOR DIDACTIC PROGRAM IN DIETETICS (DPD)**  
**VERIFICATION STATEMENT\***

- To become a Registered Dietitian Nutritionist, students need to complete the required DPD courses found below in our program accredited by the Accreditation Council of Education in Nutrition and Dietetics to obtain a DPD Verification Statement.
- Additional coursework in the major is required to receive a B.S. in Nutritional Sciences; this includes the following courses or equivalents: General Psychology, Introduction to Sociology, and Economics.
- Many courses have prerequisites. Course descriptions online list all prerequisites.
- Some courses may be offered only in fall or spring; check online course registration for offerings.

<b>Required Professional DPD Courses</b>	<b>Required Science DPD Courses</b>
<ul style="list-style-type: none"><li>• 11:709:102 Careers in Nutrition</li><li>• 11:709:201 Culinary Nutrition</li><li>• 11:709:202 Culinary Nutrition Lab</li><li>• 11:709:255 Nutrition and Health</li><li>• 11:709:301 Food Safety &amp; Sanitation in Food Service</li><li>• 11:709:345 Nutrition through the Lifespan</li><li>• 11:373:341 Organizational Dynamics</li><li>• 11:709:400 Advanced Nutrition: Macronutrients</li><li>• 11:709:401 Advanced Nutrition: Energy &amp; Micronutrients</li><li>• 11:709:402† Advanced Nutrition: Readings for Macronutrients</li><li>• 11:709:403† Advanced Nutrition: Readings for Energy &amp; Micronutrients</li><li>• 11:709:404 Advanced Nutrition: Clinical Research Practicum</li><li>• 11:709:410 Dietetics Professional Practice</li><li>• 11:709:441 Community Nutrition</li><li>• 11:709:442 Nutrition Education &amp; Communication</li><li>• 11:709:448 Food Production &amp; Management</li><li>• 11:709:449 Food Service Lab</li><li>• 11:709:483 Medical Nutrition Therapy I</li><li>• 11:709:484 Nutrition Therapy Lab</li><li>• 11:709:485 Medical Nutrition Therapy II</li><li>• 11:709:489 Experimental Foods <b>or</b> 11:709:493/494 Research in Nutrition</li><li>• 01:960:401 Basic Statistics for Research <b>or</b> equivalent</li></ul>	<ul style="list-style-type: none"><li>• 01:119:103 Principles of Biology</li><li>• 01:119:127 Anatomy and Physiology I</li><li>• 01:119:128 Anatomy and Physiology II</li><li>• 01:160:161 General Chemistry I</li><li>• 01:160:162 General Chemistry II</li><li>• 01:160:171 Introduction to Experimentation Lab</li><li>• 01:160:209 Elementary Organic Chemistry</li><li>• 11:115:301 Introduction to Biochemistry <b>or</b> 01:694:395 Biochemistry for the Life Sciences</li></ul>

\*At the discretion of the DPD Director, students who have completed coursework or alternate learning experiences that satisfy the knowledge aptitudes achieved in these courses may be granted prior approved learning.

†Suggested but not required.



**RUTGERS-NEW BRUNSWICK**  
**Nutritional Sciences**  
School of Environmental  
and Biological Sciences

**NUTRITIONAL SCIENCES -**  
**DIETETICS OPTION**

**Sample Program Satisfying Requirements for Obtaining a  
B.S. Degree in Nutritional Sciences**

<b>FALL</b>	<b>SPRING</b>
01:640:115 * Precalculus or higher (4) 01:119:103 Principles of Biology (4) 01:355:101 * College Writing (3) 11:709:255 * Nutrition & Health (3) 11:709:102 Careers in Nutrition (1)	01:160:161 * General Chemistry I (4) 11:709:201 * Culinary Nutrition (3) 11:709:202 * Culinary Nutrition Lab (1) 11:373:101 * Economics, People & the Environment (3) <b>or</b> equivalent
<i>Area/Core Requirement(s) or elective(s)</i>	<i>Area/Core Requirement(s) or elective(s)</i>
01:160:162 * General Chemistry II (4) 01:160:171 * Intro to Experimentation (1) 01:119:127 Anatomy & Physiology I (4) 01:830:101 * General Psychology (3)	01:119:128 Anatomy & Physiology II (4) 01:160:209 * Elementary Organic Chemistry (3) 01:920:101 * Intro to Sociology (3) 11:709:301 * Food Safety & Sanitation in FS (2)
<i>Area/Core Requirement(s) or elective(s)</i>	<i>Area/Core Requirement(s) or elective(s)</i>
01:115:301 * Intro to Biochemistry (3) <b>or</b> equivalent 11:709:345 Nutrition through the Lifespan (3) 01:960:401 * Basic Stats for Research (3) <b>or</b> equivalent 11:373:341 Organizational Dynamics <b>or</b> equivalent	11:709:401 Advanced Nutrition: Micro & Energy (3) 11:709:403† Advanced Nutrition: Readings for Energy & Micro (1) 11:709:410 Dietetics Professional Practice (3) 11:709:441 Community Nutrition (3) 11:709:448 * Food Production & Management (3) 11:709:449 * Food Service Lab (1)
<i>Area/Core Requirement(s) or elective(s)</i>	<i>Area/Core Requirement(s) or elective(s)</i>
11:709:400 Advanced Nutrition: Macronutrients (3) 11:709:402† Advanced Nutrition: Readings for Macronutrients (1) 11:709:404 Advanced Nutrition: Clinical Research Practicum (1) 11:709:483 Medical Nutrition Therapy I (3) 11:709:484 Nutrition Therapy Lab (1) 11:709:442 Nutrition Education & Comm. (3) <i>Area/Core Requirement(s) or elective(s)</i>	11:709:485 Medical Nutrition Therapy II (3) 11:709:489 Experimental Foods (4) <b>or</b> 11:709:493/494 * Research in Nutrition (3) <i>Area/Core Requirement(s) or elective(s)</i>

\* Offered in Fall & Spring

† Suggested but not required

**Suggested Electives to Consider:**

- 11:709:245 Food Customs & Nutrition Equity
- 11:709:235 Intro. to Sports Nutrition
- 11:709:475 Nutrition and Fitness
- 11:709:481 Seminar in Nutrition
- 11:709:443 Methods in Sensory Analysis
- 01:355:302 Scientific & Technical Writing

For more information on undergraduate courses for the major, please visit:

<https://nutrition.rutgers.edu/undergraduate/courses/>

For more information on the dietetics option, please visit: <https://nutrition.rutgers.edu/dietetics-option/>